

### Description of Service:

Tertiary Level Orthopaedic Outpatient Services are provided at both Lyell McEwin Hospital and Modbury Hospital.

Patients may be seen in Outpatients at either site for most conditions, however all Multi-day surgery will be undertaken at Lyell McEwin Hospital.

### Conditions Seen Include:

- > Trauma/Fracture
- > Osteoarthritis
- > Hips and Knees
- > Shoulder and Elbow
- > Wrist and Hand (NB: Carpal Tunnels should have Nerve Conduction studies undertaken prior to referral)
- > Foot and Ankle
- > Suspected Bone and Soft Tissue Tumours
- > Neonatal and Children's Orthopaedic Conditions

*Septic Arthritis and Slipped Capital Femoral Epiphysis – Referrals only through the LMH On-Call service*

### Exclusions:

- > Back Pain
- > Bakers Cyst – not treated operatively (excluding semimembranosus bursa in children)
- > Spinal Conditions and Spinal Trauma – this service is provided at RAH
- > Complex Hand Trauma should be referred to RAH
- > Chronic Pain Syndromes
- > Charcot Joints with Ulceration should be referred to the LMH Allied Health Department
- > *Alternative Pathways for Musculoskeletal Conditions and management can be found in the Northern Health Network Chronic Disease Referral Pathways.*  
<http://www.northernhealth.net/>

### Referral Criteria:

- > Please do not refer patients with results pending – all results must be included with the referral.
- > Please include copies of all reports and results, inclusive of recent X-Rays and scans.
- > Please include information on all conservative management undertaken.
- > Patients' BMI should be included in referrals. Patients referred for Joint Replacement Surgery **must have a BMI<40**

Referrals should provide as much information as possible to ensure accurate referral and timely access. Incomplete referrals, or referrals with inadequate information, will be returned unactioned

Acknowledgement: Content for this document was primarily sourced through the SALHN Specialty Outpatient Guidelines 2014/15

Version	Date from	Date to	Amendment
1.0	July 2015	July 2016	Original
2.0	May 2016		New Template
3.0	March 2019		Revised Document, New Template

# ORTHOPAEDICS

## NALHN Outpatient Service Information, Triage & Referral Guidelines

URGENT Target < 1month	SEMI-URGENT Target <3months	NON-URGENT/ROUTINE
<p><i>Septic Arthritis – refer to ED or contact the on-call Orthopaedic service at LMH</i></p> <ul style="list-style-type: none"> <li>&gt; Acute Dislocations &lt;age 30 that have been reduced</li> <li>&gt; AC Joint Dislocation</li> <li>&gt; Trauma/Fracture</li> <li>&gt; Suspected Bone and Soft Tissue Tumours</li> <li>&gt; CTEV (Club Foot)</li> <li>&gt; Neonatal Hip Instability</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Ultrasound Proven massive rotator Cuff Tear</li> <li>&gt; Calcific Tendonitis</li> <li>&gt; Osteoarthritis (keeping Pt awake at night or rendering patient housebound)</li> <li>&gt; Recurrent Shoulder dislocation</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Plantar Fasciitis</li> <li>&gt; Hallux Valgus/Rigidus</li> <li>&gt; Claw Toe/Hammer Toes</li> <li>&gt; Metatarsalgia</li> <li>&gt; Chronic Osteoarthritis</li> <li>&gt; Dupuytren's Contracture</li> </ul>

### Consultants

#### LMH – all sub-specialties

- > Prof E Mah (Head of Unit)
- > Mr P Allcock
- > Mr A Bauze
- > Mr R Crowley
- > Mr S Hussenbocus
- > Mr A Kurmis
- > Mr S Pandit
- > Mr S Reddy
- > Mr A Saies
- > Mr K Shrestha
- > Ms G Silveira
- > Mr J Webb
- > Dr B Wong (Orthogeriatrician)

#### MODBURY

- > Mr R Crowley
- > Mr S Dan
- > Mr S Hussenbocus
- > Prof E Mah
- > Mr S Pandit
- > Mr S Reddy
- > Mr A Saies
- > Ms G Silveira
- > Mr J Webb
- > Dr B Wong (Orthogeriatrician)

### For More Information or to Make a Referral

Location: LMH OPD Area 1 – Ground Floor LMH

Referral Fax Number: 8182 9499

Phone Number: via LMH Switchboard 8182 9000 or Orthopaedic on call Registrar for urgent referral (0466 937 060)

Location: MH OPD Area 2& 1P – Ground Floor MH

Referral Fax Number: 8161 2591

Phone Number: via MH Switchboard 8161 2000

For more information about NALHN Outpatient services - [www.sahealth.sa.gov.au/NALHNoutpatients](http://www.sahealth.sa.gov.au/NALHNoutpatients)

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