

MODIFIED BRADEN Q PRESSURE ULCER RISK ASSESSMENT SCALE For children < 5 years		
Category	Descriptor	Score
Mobility	<p>Completely immobile: Does not make even slight changes in body or extremity position without assistance.</p> <p>Very limited: Makes occasional slight changes in body or extremity position but unable to completely turn self independently.</p> <p>Slightly limited: Makes frequent though slight changes in body or extremity position independently.</p> <p>No limitations: makes major and frequent changes in position without assistance.</p>	1 2 3 4
Activity	<p>Bedfast: confined to bed.</p> <p>Chairfast: Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.</p> <p>Walks occasionally: walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.</p> <p>All patients too young to ambulate: OR walks frequently. Walks outside the room at least twice a day.</p>	1 2 3 4
Sensory Perception	<p>Completely Limited: Unresponsive (does not moan, flinch or grasp) to painful stimuli due to diminished level of consciousness or sedation. OR, limited ability to feel pain over most of body surface.</p> <p>Very Limited: Responds to only painful stimuli. Cannot communicate discomfort except by moaning or restlessness; OR has sensory impairment that limits the ability to feel pain or discomfort over half of body.</p> <p>Slightly Limited: Responds to verbal commands, but cannot always communicate discomfort or need to be turned; OR, has sensory impairment that limits the ability to feel pain or discomfort in one or two extremities.</p> <p>No Impairment: Responds to verbal commands. Has no sensory deficit that would limit ability to feel or communicate pain or discomfort..</p>	1 2 3 4
Moisture	<p>Constantly moist: skin is kept moist almost constantly by perspiration, urine, drainage etc. Dampness is detected every time patient is moved or turned.</p> <p>Very moist: Skin is often, but not always, moist. Linen must be changed at least every 8 hours.</p> <p>Occasionally moist: Skin is occasionally moist, requiring linen change every 12 hours.</p> <p>Rarely moist: Skin is usually dry, routine diaper changes; linen only requires changing every 24 hours.</p>	1 2 3 4
Friction Shear	<p>Significant problem: spasticity, contractures, itching or agitation leads to almost constant thrashing and friction.</p> <p>Problem: Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance.</p> <p>Potential problem: Moves feebly or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraint or other devices. Maintains relative good position in chair or bed most of the time but occasionally slides down.</p> <p>No apparent problem: Able to completely lift patient during a position change, moves in bed and in chair independently and has sufficient muscle strength to lift completely during move. Maintains good position in bed or chair at all times.</p>	1 2 3 4
Nutrition	<p>Very poor: NPO and/or maintained on clear fluids, or IVs for more than 5 days OR albumin < 2.5 mg/dl OR never eats a complete meal. Rarely eats more than half of any food offered. Protein intake includes only 2 servings of meat or dairy products per day. Takes fluids poorly. Does not take a liquid dietary supplement..</p> <p>Inadequate: Is on a liquid diet or tube feedings/TPN, which provide inadequate calories and minerals for age OR albumin<3mg/dl OR rarely eats a complete meal and generally eats only half of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement.</p> <p>Adequate: Is on tube feedings or TPN, which provides adequate calories and minerals for age OR eats over half of most meals. Eats a total of 4 servings of protein each day. Occasionally eats between meals. Does not require supplementation.</p> <p>Excellent:: Is on a normal diet providing adequate calories for age. For example, eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.</p>	1 2 3 4
Tissue perfusion & oxygenation	<p>Extremely compromised: Hypotensive (MAP<50mmHg; <40 in newborn) or the patient does not physiologicvally tolerate position changes.</p> <p>Compromised: Normotensive oxygen saturation may be <95%; haemoglobin may be <10mg/dl; capillary refill may be> 2 seconds; serum pH is < 7.40.</p> <p>Adequate: Normotensive oxygen saturation may be <95%; haemoglobin may be <10mg/dl; capillary refill may be 2 seconds; serum pH is normal.</p> <p>Excellent:: Normotensive, oxygen saturation >95%; normal haemoglobin; capillary refill <2 seconds.</p>	1 2 3 4

Risk score: 16 or greater at low risk

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