# **Urgent and After Hours Care Options**

For assistance in navigating the services below, please contact the SALHN Out of Hospital Nurses - 7 days, 8am to 4pm, 0481 902 546 (FMC) and 0467 798 312 (Noarlunga)

### **Paediatrics**

# <u>Child and Adolescent Virtual</u> Urgent Care Service (CAVUCS)

- Video consultation for 6 months up to 18 years with non-life-threatening conditions
- Consumers can access directly
- Monday-Sunday + public holidays, 9am-9pm
- Tel: (08) 8161 8207 (GP only direct phone number) or via WCHN switch (08) 8161 7000

#### Other

### **Early Pregnancy Unit (EPU)**

- Clinical review for women experiencing pelvic pain and/or vaginal bleeding in early pregnancy (<14 weeks).</li>
- Mon-Fri, 7am 9.30pm (Last patient 8pm).
- Tel: (08) 8204 4645 (Women's Assessment
   Service) Fax referrals to: (08) 8204 5829

# Yarrow Place Rape and Sexual Assault Service

- 24 hours a day, 7 days a week crisis response service for recent rape or sexual assault
- Tel: 1800 817 421
- 64 Pennington Terrace, North Adelaide

#### **High Risk Foot coordinator**

- Mon-Fri, 8am 4.30pm
- Tel: 0403 937 758 for urgent referrals

#### **Toward Home Alliance**

- Support for people experiencing or at risk of homelessness, Monday to Friday, 9am-5pm
- Tel: 1800 809 273
- Email towardhome@towardhome.org.au

### Mental health (MH)

### <u>Urgent MH Care Centre (UMHCC)</u> 215 Grenfell Street, Adelaide

Face-to-face peer-led recovery and clinical support (walk-in or via referral) for >16 yo

- 24 hours a day, 7 days a week, inc. PH
- Consumers can access directly
- Tel: (08) 8448 9100

### Southern Wellbeing Hub (Morphett Vale)

Counselling support for people seeking help with mental or emotional wellbeing

- Mon, Tues & Fri 8.30am 5pm, Wed & Thurs 8.30am
   8pm, every second sat 9am 1pm (walk in only on Wed Thurs 12pm 8pm)
- GP referral required or see walk in times above
- Tel: (08) 8326 3591

### **Telephone support accessible to anyone:**

- <u>Lived Experience Telephone Support</u>
   Service (LETSS)
  - Non clinical mental health support
  - 365 days, 5pm 11:30pm
  - Tel: 1800 013 755, staffed by lived experience peer workers
- Mental Health Emergency Triage
  - Access for crisis and urgent MH services
  - 365 days, 24hrs a day
  - Tel: 13 14 65, staffed by MH clinicians

# **Older persons**

#### **CARE, Repat or in-home**

- Same day hospital level non-emergency care to frail > 65yo (or > 50 years for Aboriginal and Torres Strait Islanders) with geriatric syndrome
- 7 days a week 8am 10pm
- Phone referral: (08) 7425 0340

### General

### **Metropolitan Referral Unit (MRU)**

- Home-based care supporting hospital avoidance
   & discharge for adults + children (via referral)
- Monday-Sunday + PH, 8am-8pm
- Tel: 1300 110 600

#### **Medical Ambulatory Care Service (MACS)**

- Noarlunga-based rapid access General Medicine clinic (via referral)
- Monday-Friday, 8.30am-5pm
- Tel: 0466 439 479

# MyHomeHospital (MHH)

### Metro area, Mt Barker, South Coast

- Home-based public hospital-level care for adults
   + children over 13 yo (phone referral available)
- Monday-Sunday + Public holidays, 24/7
- Tel: 1800 111 644

# **Priority Care Centre (PCC)**

Face-to-face GP-led care with ED/acute care nurses & onsite pathology, radiology and pharmacy for adults and children (needs phone referral)

- Marion PCC: 0466 698 616 Monday-Sunday + Public holidays, 10am-8pm
- Mt Barker PCC: 0428 719 656 Monday-Friday,
   except PH, 10am-8pm, Saturday 10am 4pm

# **Medicare Urgent Care Clinic (MUCC)**

- Marion MUCC: 08 8375 7055 Monday-Sunday
   + PH, 8am-8pm Walk-in-only
- Morphett Vale MUCC (from Dec 28): 08 8384
   7977 Monday-Friday 8am-7pm, weekend and
   Public holidays, 8am 3pm Walk-in only

# **Clinical support**

#### **COVID Clinician Advice Line**

- 7 days, 8am to 8pm, staffed by Duty doctor from High-Risk Hub
- Tel: 1800 313 090 (Option 2)

#### **GP Psychiatry Support Line**

- Monday Friday 6:30am–6:30pm staffed by psychiatrists
- Tel: 1800 16 17 18

# Drug and Alcohol Clinical Advisory Service (DACAS)

- 24 hours a day 7 days/week including public holidays, staffed by DASSA
- Tel: 08 7087 1742
- HealthDACASEnquiries@sa.gov.au

### **State-wide Eating Disorder Service**

- Monday to Friday (excluding public holidays) 9.00am to 4.30pm
- Tel: 08 7117 8800

# State-wide Palliative Care Support Line for clinicians

- 7 davs a week, 24 hours a dav
- Tel: 1300 673 122

# SA Voluntary Assisted Dying Care Navigator Service

- Business hours, Tel: 0403 087 390
- Health.VADCareNavigators@sa.gov.au

# <u>Drug and Therapeutics Information</u> Service Clinical Support Service

- Monday to Friday 9am to 5pm, staffed by DATIS pharmacists
- Tel: (08) 7425 8444

# **SA Virtual Care Service (SAVCS)**

365 days, 8am – 10pm for RACFs and Disability Residential services involved in the project. Please Tel: (08) 7117 4900 to register your RACF or service



# **Useful Contacts**

# **Southern Adelaide LHN**

### **FMC Switch**

Tel: (08) 8204 5511

### **GP Outpatient Referral Hotline**

- Outpatient contact to confirm if a referral has been received, triaged, or appointed
- Mon Friday 8.30am 4pm
- Tel: 8204 7886

### **GP Liaison Officer (Medical Records)**

- Administrative contact to request clinical information documents - e.g., discharge summaries, clinic letters
- Tel: (08) 8204 6040
- Fax: (08) 8204 3964
- Email:

healthfmcmedicalrecordsopliaison@sa.gov.au

# **Patient results - Pathology**

#### **SA Pathology**

- Tel: (08) 8222 3000 (Option 1)
- Web access: SA Pathology iPath

To set up an iPath account or to update your current profile, please contact the SA Pathology Marketing team:

Tel: (08) 8222 3355

Email Health.SAPathologyMarketing@sa.gov.au

Further information: SA Pathology website.

Note: This includes the ability to search for patients results that you did not request and were not copied in to, including results available in the public hospital system.

# Patients results - Imaging

# SA Medical Imaging (FMC / Repat)

- Tel: (08) 7117 2555 (FMC)
- Tel: (08) 7117 2500 (Repat)
- Web access: SAMIView

To access SAMIView, please complete

the <u>External Referrer Access form</u> and send it to Health.SAMIReferrerSupport@sa.gov.au

Note: 'Medical Specialist – optional additional access' can be requested (second page of the form) to have unlimited access to patient diagnostic image and reports for patients you provide care for.

Further information - <u>SAMI Results and Image Access</u> page

# **Benson Radiology (Noarlunga)**

- Tel: 08 8416 6400
- Web access: <u>Benson Connect</u>
   / <u>InteleViewer</u>

To apply for a Benson Connect account, please visit Request an account page.

For Benson Connect support, please call 1800 776 504 or visit <u>Benson Radiology online</u>

Note: For Noarlunga Hospital radiology investigations done before 5pm on 22 December 2023, please contact Jones Radiology:

- Tel: 08 8309 2222 (Option 2)
- Jones Radiology Online / inteleConnect

# **GP Integration Units**

The GP Integration Units focus on improving the partnership and working relationships between LHNs and General Practice.

# Southern Adelaide Local Health Network (Flinders Medical Centre, Repat, Noarlunga)

- Tel: 0401 152 366
- Email: Health.GPIntegrationUnit@sa.gov.au
- Website: www.sahealth.sa.gov.au/salhngp

# Central Adelaide Local Health Network (RAH, TQEH)

- Tel: 0411 321 894
- E: Health.CALHNGPIntegrationUnit@sa.gov.au
- W: General Practice Integration Unit CALHN

# Northern Adelaide Local Health Network (Lyell McEwin, Modbury)

- Tel: (08) 8282 1774
- E: Health.NALHNGPIntegrationUnit@sa.gov.au
- W: General Practice Integration Unit NALHN

# Women's and Children's Hospital Network

- Tel: WCH switch (08) 8161 7000
- E: Health.WCHNGPLiaison@sa.gov.au
- W: GP Liaison and Integration Unit (GPLIU)